

Laguna Honda Hospital Therapeutic Farm & Gardens Project Planning
 Interdisciplinary Workgroup Meeting #2
 Meeting minutes
 Tuesday, April 17, 2007, 3 - 4:30 pm

Present: Angela Pownall-Elizaldé, Chris Serzant, Diana Kenyon, Paul Hendrickson, Bill Frazier, Dixie Marcin, Bob Neil, Chiyomi Pearson, Linda Acostas, Diwata Ico, Fred Bové, Henry Cortez, Noah Santiago, Arla Escontrias, Larry Funk, Stacey Parker.

Agenda Item	Discussion	Action
Start-Up	Introductions, Review of Agenda and intended meeting outcomes, February Meeting Minutes approved.	Approved minutes.
Needs Assessment	Needs Assessment is not complete- last mtg. minutes indicated I was projecting to be done by end of March. Still haven't collected all data: Interviews, Focus Groups, & Surveys. Report will follow within a couple weeks of data collection. Interviews and focus groups are done. Surveys still out.	
• Interviews	Have done 22 interviews representing Residents, Rehabilitation, Occupational Therapy, Activity Therapy, Plant Services, Nutrition Services, Community Affairs, Nursing, and Volunteering. No more interviews scheduled.	
• Focus Groups	Have completed all 5. 1. Activity Therapists. Feb. 7 th , 8 in attendance 2. Clarendon Hall Residents- 1 st of March, 14 attended 3. Rehabilitation- 8 th of March, 4 in attendance 4. Main Building Residents- originally scheduled for Feb. 16 th - had to be rescheduled due to low turnout- had on March 9 th , 11 people attended 5. CNA Focus Group- March 29 th , 9 in attendance	
• Surveys Resident survey	Activity Therapists are generously taking their time to distribute the residents' surveys. I gave each one of them a copy at their department mtg. and they are making enough copies for their residents, then distributing and collecting them from them, and helping them to fill them out when applicable. They were given one week to return them to their Supervisors who I will collect them from which will be this Thursday. Angela said that the AT photocopier is broken- has impacted survey copying. Chris said that she would send anyone down to me if they need me to make copies for them.	
• Surveys Staff survey	Group review of staff survey. ○ *Farm Day on #11 needs to be defined b/c some staff think of Farm Day as meaning a visit to the Farm outdoors. ○ Members of the workgroup expressed concern that there might not be enough staff to accommodate as many Farm days, etc., that people might want. However, it was determined that we are trying to assess the needs of the community, which will ultimately inform the programming and staffing needs.	Make changes to survey (indicated by *) (Stacey)
Note (Bob): Outside collaboration is important; We're working on putting together a collaboration with the SF Botanical Garden. They're launching a Horticultural Therapy Certificate Program. HT students must complete 1000 hours of volunteer time and we're hoping to plug them in at Laguna Honda.		
• Surveys Staff survey (continued)	○ *Cats should be on survey b/c residents asked for it. ○ Dissemination strategy. Decided that combination of electronic and paper copies for staff surveys. Some staff don't have emails (Housekeeping, Plant Services, Nurses, etc.) ○ Ask Department Heads which format they would prefer. Going through Department Heads will also provide	Talk to Vivian Imperiale re: survey data entry (Stacey)

	<p>incentive and legitimacy to survey. Arla offered to help with sending out to all users. Mentioned Leadership Forum.</p> <ul style="list-style-type: none"> o Suggested we ask Corrina for help/suggestions, too. o Give people 7-10 days to complete. o *Add deadline date to survey <i>and</i> where it goes. o Interoffice mail or maybe Larry or Diane have ideas- Stacey will look into. o Fred will help with data tabulation. Has a software package. Maybe volunteers or folks from PREP. o *Also expand introduction so everyone really knows what the survey is about. o Discussion regarding whether all shifts should be surveyed in that night shifts never get to see animals b/c they're enclosed at night. BUT- outdoors will be lit, AND in the interest of being inclusive it was decided that everyone should be asked. o *Include Shift question on survey to be able to isolate those answers if necessary. o (Question #5 might suffer due to such differences if information can't be identified and isolated.) 	<p>Look into how Department Heads should return staff surveys (Stacey)</p> <p>Send out survey to Dept. Heads (Stacey +Arla's help)</p>
<p>Note to Stacey from group: Emails are too lengthy- make more concise and use bullet points.</p>		
<p>Program Planning</p> <ul style="list-style-type: none"> • Vision 	<p>Review of Linda's wonderful draft Vision Statement for the Therapeutic Farm & Gardens.</p> <ul style="list-style-type: none"> o Might be missing enough of a reference to animals. o Farming practices elicits more of a feeling of growing stuff than raising stuff. o Don't really have a farm- actually more of an Animal Assisted Therapy Program than a farm. o Do we need to include farm activities with horticultural activities? o Resident really lit up this morning when Chiyomi asked him about the farm- Paul didn't realize how into it people really are. o A vision usually suggests an image- does this answer what this looks like sufficiently? Do we want it to be a model program? And do we need to more specifically describe what the benefits are? o What is REALLY liked about Linda's vision: it's easy, simple, doesn't go on & on & on; shorter is easier to understand. o Could say: To provide a natural & physical setting accessible to residents and the community to appreciate... o Very therapeutic. o Also really liked: "the practices" – b/c implies beyond passive enjoyment- that residents will be actively hands-on. o Farming is in many people's backgrounds- raising chickens, having victory gardens, etc.. o Different environment- not the concrete and asphalt of SF. o One resident that only goes in and out to smoke all day long is very excited about growing things- could see it in his eyes. Importance of providing the opportunity to do something therapeutic. o Accessibility will be very important. o Vision different from personal experience and understanding of farm because animals not central enough- good to be inclusive of hort. but animals should be in there more. o Tweak around- add some "fur" to it.- animal husbandry, animal assisted therapy? o ->Stacey will wordsmith to add more animal essence- come up with a few options for Group to VOTE on over EMAIL. Will have 1 week to vote from the time they get the email. o Anyone else can take a stab at it, too, and we'll add it to the vote. 	<p>Add fur to vision (Stacey & anyone else who wants to)</p> <p>Vote on proposed revised visions (ALL)</p>

Program Planning <ul style="list-style-type: none"> Mission 	<p>A mission statement is a summary description of an entity's purpose. Group Brainstorm of Program Purpose and Values. Brainstorms will inform our crafting of a mission statement.</p> <table border="1" data-bbox="432 297 1661 980"> <thead> <tr> <th>PURPOSE</th> <th>VALUES</th> </tr> </thead> <tbody> <tr> <td>Give residents something to be responsible for: another animal, a plant, etc.</td> <td>Therapy for residents; setting, life cycles</td> </tr> <tr> <td>Provide Peer Educational Opportunities</td> <td>Inclusiveness</td> </tr> <tr> <td>Environmental Setting outside LHH</td> <td>Productivity</td> </tr> <tr> <td>Exercise</td> <td>Elevation of self-dignity</td> </tr> <tr> <td>Provide access to animals-seeing, petting, watching, relaxing</td> <td>Caring for the earth</td> </tr> <tr> <td>Presence of Animals</td> <td>Caring for each other (including animals)</td> </tr> <tr> <td>Animals provide unconditional love for residents</td> <td>Growth</td> </tr> <tr> <td>Therapeutic</td> <td>Creativity</td> </tr> <tr> <td>Stimulate senses/Sensory plants</td> <td>Sharing with Community</td> </tr> <tr> <td>Initiates conversations with animals and others</td> <td></td> </tr> <tr> <td>Social-inside and outside groups-community</td> <td></td> </tr> <tr> <td>A destination</td> <td></td> </tr> <tr> <td>Memory- to reminisce</td> <td></td> </tr> <tr> <td>Propagation</td> <td></td> </tr> <tr> <td>Vocational Rehab Opportunities</td> <td></td> </tr> <tr> <td>Cut Flowers</td> <td></td> </tr> <tr> <td>Developing Leisure Skills</td> <td></td> </tr> <tr> <td>PT</td> <td></td> </tr> <tr> <td>To bring purpose</td> <td></td> </tr> <tr> <td>Having food to prepare</td> <td></td> </tr> <tr> <td>Sense of Accomplishment</td> <td></td> </tr> <tr> <td>Satisfaction</td> <td></td> </tr> </tbody> </table>	PURPOSE	VALUES	Give residents something to be responsible for: another animal, a plant, etc.	Therapy for residents; setting, life cycles	Provide Peer Educational Opportunities	Inclusiveness	Environmental Setting outside LHH	Productivity	Exercise	Elevation of self-dignity	Provide access to animals-seeing, petting, watching, relaxing	Caring for the earth	Presence of Animals	Caring for each other (including animals)	Animals provide unconditional love for residents	Growth	Therapeutic	Creativity	Stimulate senses/Sensory plants	Sharing with Community	Initiates conversations with animals and others		Social-inside and outside groups-community		A destination		Memory- to reminisce		Propagation		Vocational Rehab Opportunities		Cut Flowers		Developing Leisure Skills		PT		To bring purpose		Having food to prepare		Sense of Accomplishment		Satisfaction		<p>Draft mission statement (Bill, Paul, Linda, Stacey)</p> <p>Vote on proposed revised missions (ALL)</p>
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Next Steps	<ul style="list-style-type: none"> Meeting Minutes (Stacey) Staff Survey revision (Stacey) Vision Statement Revision (Stacey) Voting on Vision Revisions (ALL) Staff Survey Distribution (Stacey) Mission Drafting group meet (Bill, Paul, Linda, Stacey) Voting on Mission (ALL) Group decided next meeting scheduled for: Wednesday, May 23rd, 12-1:30pm, BROWN BAG LUNCH, Conference Room A-100 –RSVP!!!! 	<ul style="list-style-type: none"> Email Meeting Minutes (Stacey) Email Draft Visions for voting on (Stacey) Email Draft Missions for voting on (Stacey) 																																														