

Laguna Honda Hospital Therapeutic Farm & Gardens Project Planning  
 Interdisciplinary Workgroup Meeting #1  
 Meeting minutes  
 Tuesday, February 6, 2007, 1 - 2:30 pm

Present: Larry Funk, Paul Carlisle, Angela Pownall-Elizaldé, Chris Serzant, Diana Kenyon, Paul Hendrickson, Bill Frazier, Audrey Oliver, Dixie Marcin, Bob Neil, Chris Lai, Stacey Parker.

Agenda Item	Discussion	Action
<b>Start-Up</b>	Introductions, Review of Agenda.	
<b>Project Review</b> (Larry) <ul style="list-style-type: none"> <li>• History</li> </ul>	<ul style="list-style-type: none"> <li>- From his research, Larry has found that LHH has always had a farm and animals.</li> <li>- In 1866, the Board of Supervisors declared the 80 acre parcel its own entity to isolate the small pox epidemic (17 years after the gold rush).</li> <li>- Has evolved over the years into a home for the aged, for the disabled, for immigrants, for those without food and shelter.</li> <li>- Have had pastures and crops from the beginning to feed the residents including a dairy, a bakery.</li> </ul>	
<ul style="list-style-type: none"> <li>• Design Plans</li> </ul>	<ul style="list-style-type: none"> <li>- New facilities will be more accessible than in the past- a real desire from residents to include in the redesign.</li> <li>- Farm area has approx. ten animal pens, small pond, greenhouse, a variety of raised and in-ground planter beds, &amp; outside of MUNI station will be surrounded by an orchard of ~60 trees.</li> <li>- Soil will be recontoured into a meadow with a large walking path that will be lit at night.</li> <li>- Will have therapeutic value for everyone.</li> <li>- Expected outcomes of Stacey's work: Define the program, expect there will be need for additional resources and staffing.</li> <li>- Please contribute actively, think outside the box, don't just think of the way the farm used to be, but think of what the new farm can be in terms of our goals and objectives.</li> </ul>	
<b>Project Planning</b> (Stacey) <ul style="list-style-type: none"> <li>• Deliverables</li> </ul>	(See Handouts) <ul style="list-style-type: none"> <li>- Stacey's Proposal in response to RFP from SF Department of Public Health's Environmental Health Division; available for anyone who wants to borrow to look it over.</li> <li>See handout packet (page 1, 3-6): Comprehensive Plan               <ul style="list-style-type: none"> <li>• Needs Assessment Report by the end of March</li> <li>• Comprehensive Report Draft by the end of September</li> <li>• Final Comprehensive Report by November</li> </ul> </li> <li>Portions of the Comprehensive Report will be available to the Workgroup for review and comments along the way.</li> <li>- Scope of work only inclusive of these facilities only: Farm animal area, Greenhouse, Garden Beds, &amp; Fruit Tree Orchard =~1/3 acre                (In answer to Bob Neil's question: Patio of new wards not included)</li> <li>- Next few weeks: completing the needs assessment- interviews, focus groups, surveys; then beginning the program design &amp; description and the operational planning.</li> </ul>	

Note (Larry): Look over plans to make sure accessible paths; consider asking for a test site for the crushed & compacted granite to make sure it won't pit or deteriorate.		
Note (Bob): SF Chronicle's Home & Garden section should be invited to facilities "from first spade" and on a weekly basis and cover the farm & gardens.		
<ul style="list-style-type: none"> <li>Workgroup Representation</li> </ul>	(See handout "Interdisciplinary Workgroup" for list of those invited to participate) Additions and corrections from the group: <ul style="list-style-type: none"> <li>Add Dixie Marcin under Physical Therapy</li> <li>Request a gardener from GG Park</li> </ul>	Invite GG Park Garden Rep. & add Dixie Marcin (Stacey)
<ul style="list-style-type: none"> <li>Workgroup Role</li> </ul>	To provide oversight and guidance to the planning process. To provide input and suggestions. To represent the interests and concerns of your particular department, group, affiliation, etc. with respect to the Therapeutic Farm & Gardens Planning process. To vote on group decisions at meetings or via email when applicable. To support the planning process by sharing information with others, by helping to distribute flyers, surveys, etc., and by helping to solicit participation when applicable. To review the program planning material and provide feedback in a timely manner.	
<b>Needs Assessment</b> <ul style="list-style-type: none"> <li>Interviews</li> </ul>	17 semi-structure interviews completed; still have a few more. Overview of findings thus far: <ul style="list-style-type: none"> <li>Concern regarding proper maintenance.</li> <li>Would like additional structure for supporting volunteers.</li> <li>A strong concern for adequate staffing.</li> <li>The importance of animal portability.</li> <li>A strong emphasis on accessibility- including signage &amp; lighting.</li> <li>An interest in practicing sustainable methods.</li> <li>An interest in more interdepartmental collaboration.</li> <li>An interest in balancing departmental use.</li> <li>An interest in themed gardens, for example: sensory, butterfly, medicinal, herbs.</li> <li>An interest in having a small horse or pony.</li> <li>Interest in integrating community collaboration &amp; programming.</li> <li>Interest in protecting the needs and desires of the residents (with respect to outside collaboration).</li> </ul>	Complete Interviews (Stacey)
<ul style="list-style-type: none"> <li>Focus groups</li> </ul>	3 Planned thus Far: <ol style="list-style-type: none"> <li>Activity Therapists- tomorrow afternoon</li> <li>Clarendon Residents: Thurs., March 1st 2-3 pm in the Day Room</li> <li>Main Bldg Residents: Fri., Feb. 16<sup>th</sup>, 2-3 pm, in 4<sup>th</sup> Floor Volunteer Lounge</li> </ol> Group decided Stacey should conduct additional focus groups with 1. Certified Nursing Assistants and 2. Rehabilitation.	Set up focus groups with CNAs and with Rehabilitation (Stacey)

<b>Therapeutic Farm &amp; Gardens Visioning</b>	<p><i>What's working... Historically, what we have liked:</i></p> <table border="1" data-bbox="527 267 1669 418"> <tr> <td>• Great destination</td> <td>• Quiet/contemplative</td> </tr> <tr> <td>• Safe/enclosed/pleasant (esp. important for wandering patients)</td> <td>• Quirky garden art</td> </tr> <tr> <td>• Adaptable</td> <td>• Animals being brought into the hospital</td> </tr> <tr> <td>• Contact with animals</td> <td>• Pot bellied pig in a tutu for Halloween</td> </tr> </table> <p><i>2-3 Years in the future... Here's what we're really proud of; our accomplishments:</i></p> <table border="1" data-bbox="527 475 1669 950"> <tr> <td>• Sustainable</td> <td>• Organic/no pesticides</td> </tr> <tr> <td>• Animal exchange w/SF Zoo</td> <td>• Accessible to school groups</td> </tr> <tr> <td>• Low maintenance</td> <td>• Propagation for use throughout facility</td> </tr> <tr> <td>• Large fish in pond</td> <td>• Everyone can participate</td> </tr> <tr> <td>• As popular as Bingo</td> <td>• Timely maintenance</td> </tr> <tr> <td>• Calm place to unwind for staff &amp; residents</td> <td>• Park and petting zoo</td> </tr> <tr> <td>• Increased volunteer involvement</td> <td>• Fountain in 1 of the gardens</td> </tr> <tr> <td>• Veggies &amp; fruits from farm to plate</td> <td>• Work vocation for rehab. residents</td> </tr> <tr> <td>• Organic produce for residents-no more frozen food</td> <td>• Resident design stepping stone for walkway</td> </tr> <tr> <td>• Promoting research</td> <td>• Garden of Eden</td> </tr> <tr> <td>• Fall colorful flowers cut for inside</td> <td>• Great PR</td> </tr> <tr> <td>• Multi-sensory experience</td> <td>• Adopt an animal for a day program</td> </tr> <tr> <td>• Completely wheelchair accessible</td> <td>• Fountain</td> </tr> <tr> <td>• Seasonality</td> <td>• New scope of treatment therapies &amp; activities</td> </tr> </table>	• Great destination	• Quiet/contemplative	• Safe/enclosed/pleasant (esp. important for wandering patients)	• Quirky garden art	• Adaptable	• Animals being brought into the hospital	• Contact with animals	• Pot bellied pig in a tutu for Halloween	• Sustainable	• Organic/no pesticides	• Animal exchange w/SF Zoo	• Accessible to school groups	• Low maintenance	• Propagation for use throughout facility	• Large fish in pond	• Everyone can participate	• As popular as Bingo	• Timely maintenance	• Calm place to unwind for staff & residents	• Park and petting zoo	• Increased volunteer involvement	• Fountain in 1 of the gardens	• Veggies & fruits from farm to plate	• Work vocation for rehab. residents	• Organic produce for residents-no more frozen food	• Resident design stepping stone for walkway	• Promoting research	• Garden of Eden	• Fall colorful flowers cut for inside	• Great PR	• Multi-sensory experience	• Adopt an animal for a day program	• Completely wheelchair accessible	• Fountain	• Seasonality	• New scope of treatment therapies & activities	<p>Draft vision statement (Linda: pending her Supervisor's approval)</p>
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<b>Needs Assessment (continued)</b> <ul style="list-style-type: none"> <li>• Survey</li> </ul>	<ul style="list-style-type: none"> <li>• Briefly discussed the needs around identifying information about those surveyed.</li> <li>• What kind of information needs to be known? Whether or not they are in a wheelchair? Other medical conditions they have? How long they have been at LHH? How old they are? Male or Female? Are they visually impaired? Does there need to be a separate survey for staff and residents?</li> <li>• Ran out of time so Stacey will draft and email to everyone for review.</li> </ul>	<ul style="list-style-type: none"> <li>• Draft Survey (Stacey)</li> </ul>																																				
<b>Next Steps</b>	<ul style="list-style-type: none"> <li>• Meeting Minutes (Stacey)</li> <li>• Vision Statement (Linda)</li> <li>• Survey (Stacey)</li> <li>• Decide next meeting (Group) Scheduled for: <b>Tuesday, March 20<sup>th</sup>, 1-2:30pm, Conference Room B-102</b></li> </ul>	<ul style="list-style-type: none"> <li>• Meeting Minutes (Stacey)</li> <li>• Design plans emailed to group (Stacey)</li> <li>• Draft Vision for review (Linda)</li> <li>• Email Draft Survey (Stacey)</li> </ul>																																				

